



14th May, 2009

Explanatory Statement – Sporting Clubs and Associations

Title: **Participation in Community Sport and Active Recreation (PICSAR) Program Evaluation**

This information sheet is for you to keep.

The evaluation of the VicHealth *Participation in Community Sport and Active Recreation* (PICSAR) program is being carried out by Associate Professor Ben Smith from Monash University, and Margaret Thomas and Wendy Hodge from ARTD consultants.

You have been selected to participate in this study because your club is a member of a Victorian State Sporting Association that receives funding under the PICSAR program.

The overall objectives of the evaluation are;

- To identify the common barriers and enablers for communities and organisations to foster physical activity participation amongst disadvantaged groups.
- To assess organisational success in achieving planned objectives to improve physical activity participation amongst disadvantaged population groups.
- To understand the success factors for community and organisational capacity building for targeting disadvantaged population groups.

The findings of this evaluation will inform VicHealth and organisations that receive PICSAR funding by providing greater insights and an understanding of diversity in physical activity participation within their context. These findings will influence government and organisational policy in relation to physical activity promotion.

Participation in the study will involve completing a short survey to describe the recent priorities, actions and policies in relation to involving different groups (e.g., people with disabilities, recent migrants) in the activities conducted by your club. The risks associated with your participation in the survey do not exceed those you would experience in everyday normal life

Participants' confidentiality is of the utmost importance to us. We will take measures to protect your confidentiality and anonymity at all times when publishing the findings of this study. These measures will include using identification numbers (instead of names) during the analysis of the data. Aggregate data will be reported, and individual clubs will not be identifiable in any reports. If you wish to be included in the draw for an equipment voucher offered by your State Sporting Association, or to be contacted by your Association for further assistance, there is opportunity to indicate this at the end of the survey. These identification details, however, will not be retained for any other purposes.

Storage of the data collected will adhere to the University regulations and kept on University premises in a locked cupboard/filing cabinet for 5 years. Furthermore, electronic computer files will be underpinned by a password that can only be accessed by the researchers involved in this study.

Return of the survey will be taken to indicate that you have read and agreed to the procedures outlined in this Explanatory Statement. Completed surveys can be sent to Dimitri Batras, at dimitri.batras@med.monash.edu.au.

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If you would like to be informed of the aggregate research findings, please contact Dimitri Batras on (03) 9903 1669 or at the email address given above. The findings are accessible for up to six months after data collection occurs.

If you would like to contact the researchers about any aspect of this study, please contact the Chief Investigator: A/Prof Ben Smith	If you have a complaint concerning the manner in which this research CF08/0985 – 2008000483 is being conducted, please contact:
A/Prof Ben Smith ben.smith@med.monash.edu.au Tel: +61 3 9903 1654 Fax: +61 3 9903 1658	Human Ethics Officer Standing Committee on Ethics in Research Involving Humans (SCERH) Building 3e Room 111 Research Office Monash University VIC 3800 Tel: +61 3 9905 2052 Fax: +61 3 9905 1420 Email: scerh@adm.monash.edu.au

Thank you for your interest in this evaluation.

Yours sincerely



Associate Professor Ben Smith