



Sunshine Heights Cricket Club - Health and Safety

The committee feels that it is important to highlight a number of aspects that relate to health and safety at our club. Please take the time to read the following information.

The committee strongly recommends that all players have **private health cover**.

Players Counselor. The committee has appointed **Ilario Candusio** as an initial contact should you experience any problems that you may wish to discuss. These may be issues that relate to schooling or other personal problems that Ilario may be able to assist you with or to give you appropriate direction. Any discussions will be strictly confidential.

The committee recommends that all players make their own assessment of conditions before playing or training. Whilst every effort is made to make conditions as safe as possible, ultimately, players play the game and train at their own risk. Spectators/parents are also advised to take appropriate caution whilst watching training or games.

Players and spectators are cautioned to take extra care and vigilance when inside the training nets. Cricket balls are hit at high speeds. Only those who have a genuine need to be inside these nets should enter. **Parents and spectators are advised to stand outside nets.**

Protective Equipment. It is strongly recommended that all appropriate protective equipment be worn at all times. It is the player's responsibility to ensure that their own personal equipment is maintained to an appropriate, safe standard. The club will not be responsible for injury as a result of faulty protective equipment.

In the past, syringes have been found in the vicinity of the club rooms and surrounding grounds. To avoid the possibility of needle stick injuries, please ensure that you wear appropriate footwear at all times.

Players are asked to maintain an ongoing awareness regarding safety and act in a safe and responsible manner at all times. If you detect anything that you believe to be unsafe, please advise a committee person or a member of the coaching staff. If none of these people are available and the situation may be potentially serious or urgent, you may need to take appropriate action yourself.

Safety is the responsibility of all involved at the club. Enjoy our cricket. Good luck and have a safe and successful season.

Committee