

13 March 2020

ATTENTION: Clubs, Associations, Players, Coaches and Volunteers,

UPDATE: COVID-19 (Coronavirus) Health and Hygiene guidelines for Victorian cricket

As you will be aware, the World Health Organisation (WHO) has declared COVID-19 Coronavirus at pandemic level internationally.

To reduce the risk of person-to-person transmission of the Coronavirus disease, Cricket Victoria seeks the support of all people involved in the game (whether they be playing, support staff, administrators, volunteers or others) in taking note of the below actions to promote higher levels of sanitization and individual hygiene.

At this point in time there is no advice that cancellation or postponement of these local fixtures is required, however we urge everyone involved in Victorian cricket to exercise a caution and common-sense approach to their training and match day setups.

The below measures should be put into effect now by all Victorian cricket teams to reduce the spread of all illnesses, including COVID-19:

- **Hand sanitiser to be available in team rooms and players/staff encouraged to use it as well as completing hand washing prior to meals**
- **Players should avoid using saliva as a method of shining the cricket ball**
- **All players with any form of respiratory or associated illness to report this immediately to medical staff and be quarantined from training until assessed and cleared. Players and coaches should not attend training while ill.**
- **Do not share drinks, towels, lip balm, sunscreen with others (bring your own)**
- **Limit change room and training attendance to staff who have an operational reason to be there**
- **Limit sharing of cricket equipment (other than the ball)**

The best way to protect yourself and your family is to pay attention to good hand and respiratory hygiene.

- Cover your mouth and nose when coughing and sneezing with a tissue, or cough into your elbow, dispose of the tissue into a bin and then wash your hands afterwards.
- Wash your hands regularly, after using the toilet and before eating.
- If you have concerns about your health, please see your doctor.
- Healthcare workers are advised to use appropriate infection prevention control measures when looking after patients.

For the latest advice and further information please visit:

Victorian Department of Health and Human Services website:

<https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19>

Federal Health Department website:

<https://www.health.gov.au/health-topics/novel-coronavirus-2019-ncov>