



TALENT DEVELOPMENT

1. CREATE A POSITIVE ENVIRONMENT

- Give athlete a great experience, that they enjoy and look forward to the next session
- Challenge the athlete to improve in all aspects
- Connect with the athlete through feedback and guidance

Ensure both players and coaches review sessions with the goal to continuously improve.

2. DEVELOP FUNDAMENTALS, BUILDING KEY ATTRIBUTES FOR SUCCESS:

- Build competence in the fundamental skills of the game
- Be able to talk about THE game, and THEIR game
- Challenge players to improve attributes of the game that will lead to success

3. SUPPORT PLAYERS WITH A LONG-TERM FOCUS:

Every athlete will develop at a different rate, Long-Term Athlete development (LTAD) takes into consideration the maturational status of individual athletes; maintaining players within your program will enable the player more opportunities to develop at their own rate.

- Build players confidence
- Have all relevant resources available to assist the player and person

- Workload management
- Strength & conditioning
- Nutrition
- SMART goal setting
- Player Welfare & overall wellbeing

4. PLAYER REPORTING AND FEEDBACK

- Share information on player skills and identify areas for improvement
- Use available tools for Talent Identification and to support ongoing development
- Youth player reports and match impact ratings